

Frequency: Learning to Hear from God

John 10:27 NIV

DAY 1

Stay Connected

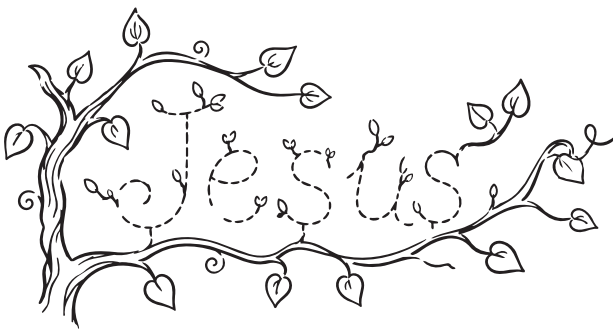
Read Psalm 63:1

Jesus said we are like branches. He is like the vine. Branches must stay connected to the vine to live and grow. In the same way, we need to stay close to Jesus. When you stay connected to Jesus, you grow. You begin to show love, kindness, and patience. Those things are like fruit growing in your life. But when you forget about Jesus, it's like a branch lying on the ground. It can't grow good fruit on its own.



Activity:

On the vine, trace "Jesus." By the branches, draw ways you can stay connected to Him.



DAY 2

Grow Good Fruit

Read Galatians 5:22

Unscramble the words from Galatians 5:22-23 (NLT).

OELV

NDSNSKIE

EEACP

IECENATP

DOSSEEGN

ORLOFTSLNEC

OJY

LUFSSSNHTFIA

SGTLSEENS

(For hints, look up the Bible verse.)



Activity:

At dinner, write down the fruit of the Spirit on small pieces of paper. Put them in a bowl, pass the bowl around, and have each person pull out a piece of paper. Then, have each person say their word and share about a time when they saw someone show that fruit of the Spirit.

DAY 3

Don't Drift Away

Read Hebrews 2:1

It's easy to drift away from Jesus. You may not mean to. Life just gets busy. You might forget to pray. You might stop thinking about God during the day. Slowly, you feel farther away. God doesn't move away from you. He is always close. But you can choose to turn your attention back to Him. You can stop and pray. You can read a verse. You can remember that He is with you right now. Staying connected takes small choices every day. Each time you choose to think about Jesus, you grow closer again. God wants you to stay near Him. He helps you stay connected when you choose to come back.

Reflection:

What is one thing that distracts you from staying close to Jesus? What is one simple way you can stay connected to Him tomorrow?



DAY 4

Stay in His Love

Read Romans 8:39

Jesus wants you to stay connected to Him. He also wants you to stay in His love. God's love is strong and never ends. Nothing can separate you from it. But sometimes, you might forget that He loves you. When you stay close to Jesus, you remember His love more. You begin to live in that love every day. You can stay in His love by talking to Him, obeying Him, and trusting Him. When you do, your heart fills with joy. Even when you mess up, God still loves you. You can always come back to Him. Staying connected to Jesus helps you feel His love and share it with others.

Prayer:

"Dear God, thank You for loving me all the time. Help me stay close to You every day. Remind me that You are always with me. Teach me to live in Your love and share it with others. In Jesus' name. Amen."

**I can grow when I stay
close to God.**